

19-21 JUNE

Read the Play Round 2026



Read the Play

FOUNDING PARTNER
KEMPE
ENGINEERING



Read the Play Round

Read the Play round is all about raising awareness about Mental Health, breaking down the stigma and supporting your mates.

49%

of young Australians report high or very high psychological distress

2 in 5

young people aged 16-24 experience a mental disorder in any 12 month period

Symptoms of **depression, anxiety and distress** increase sharply across the high-school years, and are worst for girls and gender-diverse young people.

Globally, mental disorders are a **leading cause of illness and disability** for 10-19 year olds.

Source: headspace National Youth Mental Health Survey 2025 and National Mental Health Commission 2023

RTP Round Values

The player who best displays the Read The Play Round values will be presented with a Read The Play medal and the game ball!

RESPECT

COURAGE

TEAMWORK

Logistics

Game Balls & Medals

Game footballs, netballs and medals will be available for pick up by the Saturday/Sunday home clubs on the following date.

Participating Grades:

15/U Netball, U16 male football, U17 female football.

AFL Barwon Junior Football & Netball Comps

Roslyn Rd, Highton

Club Pigeon holes, from Tuesday 16 June

Colac & District FNL Clubs

Colac RSL, from Thursday 11 June

GDFNL Netball Comp

Balls and medals will be provided at the delegates meeting.

AFL Barwon will organise balls and medals for all Friday night netball matches.

If your club has the bye this weekend and you would like to host a game in the future, please email us info@readtheplay.org.au.

Beyond Bank
AUSTRALIA



HAMLAN

Coaches/Club Official

Before the game

- Prior to the game talk to the players about Read the Play and the round meaning using information on the page prior.
- Explain the Read the Play values which are Courage, Respect and Teamwork.
- A player who displays these values during the game will be chosen by a nominated person as the RTP round MVP.
- Take a pre-game photo of the team. Ribbons, colourful decoration and creativity is encouraged (maintaining uniform guidelines). Post on socials and tag RTP.

Post game & Presentation:

- Nominated person to name MVP of the game.
- Player to make way to presentation area for medallion & ball presentation.
- Player to be presented with medallion & match ball by RTP representative or chosen club person.
- Photograph to be taken of player and posted to club social media (and tag RTP).

Social Media

Take photos of the day and in particular the 15/U netball and U16 football matches and tag Read the Play. We'd love to share your content!



readtheplay



readtheplayinc

#readtheplayground

Presentations

Read the Play is an important local initiative that supports young people to better understand mental health and wellbeing, reduce stigma and know where to turn when they need help.

Thank you to everyone for getting behind this weekend's Read the Play Round and helping start positive conversations around mental health.

Today, we are pleased to present this Read the Play game ball and medal to the player who best demonstrated courage, respect and teamwork throughout the game.

Today's winner is _____
from the _____ Netball/Football
Club

Thank you for your support of Read the Play
in 2026!

It's not too late to book a Read the Play workshop.

Read the Play Round is a great opportunity to start conversations about mental health and wellbeing, but the impact does not need to stop there.

If your club has not yet booked a Read the Play workshop for 2026, there is still time.

Read the Play workshops are delivered free of charge to clubs and are designed to support young people to better understand mental health, reduce stigma, recognise when someone may need help and know where to turn for support.

Booking a workshop is simple, and Read the Play will work with your club to find a suitable time, program and age group.

If your club has not yet made a booking, now is the time.





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